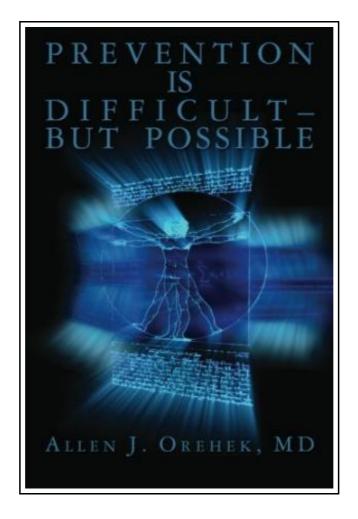
## Prevention Is Difficult-But Possible



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## **Reviews**

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Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Work Title: Prevention is Difficult-But Possible - Allen J. Orehek, M.D. -Medical Prevention Center. MEDICAL PREVENTION DEFINED: A new area of medicine that combines different concepts into a philosophy of medical care. It applies the science of medicine to the motivated and unique individual. Working at the level of the individual to detail prevention of disease states, Medical Prevention does not apply general guidelines that cover large populations. It is sometimes controversial, as some links to prevention have only superficial evidence and the specific subject has not been completely evaluated or studied in medical science-that will take years. Most people can prevent Alzheimer s disease and dementia, heart- and stroke-related incidents, and cancers from spreading by asking their health care team to conduct tests that will show any proclivity to these events-even when they are currently not having symptoms. Health care teams are often unwilling to recommend these tests because they are subject to the standard operating procedures of health insurance companies. Many tests, however, can provide patients with valuable information about the state of their arteries, their organs, and their brains; patients and doctors can use this information to create a disease-prevention plan that can help them avoid disease states later in their lives. I am a doctor, but I am not your doctor. Taking preventive care of your body is not easy, it requires work; you have to arrange and coordinate a good deal of information. The information needs to be evaluated for accuracy and applied to your unique situation. This book is an introduction to a trillion-dollar industry. The prevention of medical conditions is just at the genesis of creation. We are in the...



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