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## Live Your Dreams: Ten Secrets to Loving Your Life

By Geoff Thompson

Summersdale Publishers. Paperback. Book Condition: new. BRAND NEW, Live Your Dreams: Ten Secrets to Loving Your Life, Geoff Thompson, If you feel imprisoned in a job, a relationship or, even worse, if you feel trapped in your life, then this book is for you. By unveiling ten secrets, it will help you to escape any negative situation and get to where you would love to be, creating whatever you want from your short stay on this planet. With inspirational examples from his own life and other case studies, bestselling author of "The Elephant and the Twig", Geoff Thompson, guides you through the art of inspirational thinking and positive enforcement, drawing on an array of scientific and cultural techniques to help you to succeed. Once you have read the secrets, there will be nothing standing between you and your wildest dreams. Learn how to: recognise and master your fears and overcome negative feelings; and use the power of intention to navigate around life's obstacles and achieve your goals.



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