



## The Book of Life and Living: Wisdom in the Art of Living Well

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By Stephen Lau

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Life is short, so make the best and the most out of it now! Live your life as if everything is a miracle. To do just that, you must know who you are and what life is all about. Most importantly, you must have the wisdom to live your life to the fullest. Living your life is a learning process. Real learning, however, is not just the acquisition of knowledge. True wisdom is the ability to penetrate deeply into the meaning behind superficial knowledge, to integrate related thoughts, facts, and experiences into a structural framework that reveals a deeper, more synthesized meaning than what an ordinary person perceives. Wisdom is internal; it comes from the inner self. Focusing on so-called goals in life, many of us lose our true selves in the pursuit of our dreams. If you are one of them, you must re-direct your life. If you wish to re-discover your new self, or never want to go back to your old life, THE BOOK OF LIFE AND LIVING is right for you. Now is as...



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