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## 7 Racing Rules

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By Alex Alley, Paula Reid

Paperback. Book Condition: New. Not Signed; If these 7 Racing Rules can work for Alex and Paula in the extreme circumstances they have encountered, they can certainly work for the rest of us: How often do personal or department agendas get in the way of delivering Best for Boat ? How much time is wasted in debating issues that are not part of our Controllables What plans do we have for our version of Man Overboard ? Have we provided enough clarity of direction such that, if asked, all staff would identify the same ultimate goal Two watches, one boat ? Are we close enough to our teams to ensure that, in times of stress, we will see attitudes come to the fore such as Race not retire , Choose your attitude and Pain is temporary ?. book.



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