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## Cookbooks: Dump Dinners, Pressure Cooker, Mediterranean Diet and My Spiralized Cookbook Box Set: Over 100 Delicious and Healthy Recipes for You and Your Family

By Eric Deen

Createspace, United States, 2015. Paperback. Book Condition: New. Combined. 203 x 133 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.COOKBOOKS: Dump Dinners Cookbook, Pressure Cooker Cookbook, Mediterranean Diet and My Spiralized Cookbook Box Set Over 100 Of The Most Delicious, Simple and Healthy Recipes You Need To Know Free with Kindle Unlimited FREE BONUS INCLUDED Book 1: Dump Dinners Cookbook: 30 Of The Most Delicious, Simple and Healthy Dump Dinner Recipes For You and Your Family! This book contains 30 healthy and flavorful Dump Dinners recipes that are very easy to make and you do not require to put any extra effort to learn them as they are already too much easy to comprehend without any ambiguity. The process of making dumped recipes involves slow cooking by dumping all the ingredients in a slow cooker until all the ingredients become ready to eat, this process helps you to save the essential nutrients of the ingredients which you use and thus the food which you eat has not been deprived of essential nutrients which are required for making you healthy and fit. Book 2: Pressure Cooker Cookbook: 30+ Delicious and Quick Pressure Cooker Recipes for You and...



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