



## 101 Ways To Answer Lifes Sorrows Volume 1

By Richard de Meath

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 182 pages. Dimensions: 11.0in. x 8.5in. x 0.4in.For a great number of people there are periods when life becomes a battlefield of emotional conflicts, caused by emotional obstacles or even situations beyond normal everyday control. When this happens, there are no easy answers, no words that can take away pain and sorrow, but there are ways to deal with the pain that help you to find some comfort and support. Regardless of the cause, there are many ways to deal with these setbacks, of looking at life in a different way and finding new methods of dealing with it. Any book dealing with a sensitive subject is fraught with sensitive minefields, emotional difficulties, delicate feelings and a host of other emotions that encompass every aspect of the human psyche. The level of this sensitivity intensified when approaching people to write of their most heart-breaking experience, requiring coaxing them to write their thought on paper, to bring to the surface memories they might prefer to keep buried, and in a number of cases, even to cause the outpouring of endless and excruciating tears. In virtually every...



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